

Person Family Medical Center, Inc.

A Message from the CEO



Person Family Medical Center, Inc. wants to thank you for your support of our organization. Person Family Medical Center is located here in Person County and is your Community Health Center for this area. Person Family Medical Center, Inc. has the following services available for you to utilize. We have our Medical Center which provides Primary Healthcare to our patients. All our Providers are Board Certified and credentialed with the majority of insurance companies. We accept Medicare and Medicaid as well as Virginia Medicaid. Our Behavioral Health Center is located in the Gray House on our campus, we provide Psychiatric services. Dr. Alisa Paliy, MD is the Psychiatrist who is a full time Provider with our organization. She is Board Certified and provides all types of mental health services including substance abuse treatment. We also have a Nurse Practitioner that is certified in Behavioral Health treatment who also provides Substance Abuse treatment along with many other services. To help round off our Mental Health Services we have two License Clinical Social Workers (LCSW) who are both certified in providing counseling services. Our Counselors start seeing children from 5 years old and up. Also, another service that we offer is our Dental Services. We have a full range of services that can be received which includes Dentures and Partial. We also have a Dental Center in Yanceyville for those in that area that need this service. As you can see, we have a diverse range of services that you can receive here in your hometown. As we look to expand our services, we are always looking to make sure we are taking care of our residents within our service area. So, your support would be very much appreciated to help us continue to grow and collaborate with other specialties within the area.

The Ground Hog didn't see it's shadow so we are looking for a early Spring, February is Black History Month and we will be celebrating events marking the recognition of this event. As I mentioned above that the Ground Hog didn't see its shadow, but we would really like to see one good SNOW to build us a Snowman.

Please be aware that we are still seeing quite a few patients with the following: COVID, Flu and other respiratory illnesses. We have the vaccines that will help reduce your chances of contracting the illness or it will help reduce the symptoms of the illness.

Glenn M. Martin, CRCE-I , CEO of Person Family Medical Center, Inc.



February is the third month of winter. It is the shortest month of the year. The month is named for the Latin word “**februum**” which means purification. The month is also associated with the zodiac signs Aquarius and Pisces, the birthstone for February is Amethyst. The month has 29 days in leap years, when the number is divisible by four. In common years the month has 28 days.

February is the only month where it’s possible to go the entire time without having a full moon. February has several notable holidays, including:

- Valentine’s Day – celebrated holiday among “lovebirds”
- National Black History Month
- International Day of Women and Girls in Science



February birthdays

- ❖ Jennifer Tillman- **Feb 6th**
- ❖ Brenda Hunt Moore- **Feb 10th**
- ❖ Christopher Atkins, DDS- **Feb 11th**
- ❖ Ada Rayas- **Feb 16th**
- ❖ Kelly Welsh- **Feb 17th**



February is National heart Month.

This is designated month serves as a time to raise awareness about heart health and Cardiovascular diseases.

Encouraging individuals to focus on preventive measures, healthy lifestyle choices, and education about maintaining a strong and healthy heart.

National Wear Red Day is Friday, February 2nd to raise awareness of heart health issues. On this day, people are encouraged to wear RED, To help save Lives!



Get your Covid Vaccine today!

COVID cases are increasing; be aware of exposure and testing positive guidance. Visit <https://www.cdc.gov/.../2019-ncov/your-health/isolation.html> for more information."

WHAT YOU SHOULD KNOW!!

- **No appointment is necessary. Walk-in Mondays, Wednesdays, and Fridays; 9-11 AM and 2-4 PM.**
- **The Updated Covid 19 Vaccine can be given 2 months after your last dose.**
- **You no longer must wait 3 months after your last positive test with COVID.**
- **COVID Vaccine can be administered at the time of the Flu Vaccine.**
- **Insurance pays for the COVID vaccine at no cost to the recipient. Please bring Insurance card.**

Contact (336) 599-9271 ext. 249 or 225 for an appointment or more information.

March 4, 2024

FREE Diabetes Education and Support Group

*Hosted by: Mary Matthews, PAC
Person Family Medical Center*

**Open to the public
1st Monday of Every Month
10:00 am – 12:00 pm**



Participate to learn more about diabetes,
improve health at home, ask questions,
and a chance to win **FREE PRIZES!**

**Register to participate at the front desk
or by calling (336)599-9271**

Next Diabetes Education Class Monday, March 4, 2024 @ 10am

HEALTH INSURANCE

We're here to Answer Your Health Insurance Questions!

Person Family Medical Center has Certified SHIP and Certified Application Counselors that can assist you **FREE** with understanding your insurance, this includes health insurance through the Marketplace, Medicare, and Medicaid. If you have experienced a life changing event such as a loss of insurance, Medicaid, or Medicare they can help. **Did you know you may now be eligible for Medicaid?** Medicaid expansion launched on December 1st, making more people eligible for Medicaid. **Contact Jennifer Daye or Brenda Hunt- Moore at (336)-599-9271 ext. 225 or 234.**

• Virginia Medicaid NOW ACCEPTED!!!



Black History Month is an annual celebration of achievements by African Americans, a time for recognizing their significant role in U.S. history. Also known as African American History Month, the event grew out of “Negro History Week,” organized by a noted historian, Carter G. Woodson, and other prominent African Americans. Since 1976, every U.S. president has officially designated the month of February as Black History Month. We are recognizing some of our own locals here in Person County.



Ronnie W. Russell First African American Head Coach Person High School

Mr. Ronnie Russell still regarded as Coach Russell by many was the first African American Head Coach at Person High School in Roxboro, N.C., began his coaching career in 1976 as an assistant coach at the Middle School in Person County. He was always athletic and played football in high school. Mr. Russell continued his athletic career playing football and basketball in college at Elizabeth City State University, Elizabeth City, NC. Coach Russell says his coaching philosophies are team discipline, hard work, dedication and pride in and for the game.

When Coach Russell was asked about the challenges that came with being the first African American Head Coach at Person High School he stated, “I kept the challenges to a minimum by always doing things by the book.” He also stated he learned from some of the best like Coach Reid Davis and Coach Tommy Day, taking their expertise and adding to his technique this made for a winning combination. Coach Russell stated that he was a “defense- minded coach” because good offense will win games, but great defense wins championships.”

When asked about the different challenges of today as it relates to coaching, Russell stated that the style of play has changed, team members don’t really want to be coached anymore. Coach Russell declares that team unity starts with a good line of communication between the coach and the players. From there working together as a group with everyone having the same purpose while aiming for the same goal as all are committed to functioning as ONE.

One of Coach Russell’s greatest accomplishments was competing in the West Regionals where he played against Chris Paul at West Forsythe High School. Mr. Russell functioned as the Assistant Coach in the East-West Allstar Game in 2004 with some of basketballs greatest athletes like Shaquille O’Neal of the Los Angeles Lakers, Vince Carter, Jason Kidd, Allen Iverson, and Tracy McGrady to name a few. Coach Russell coached a total of 43 years before retiring. He has won several championships, 4 conference championships, and Coach of the Year numerous times. We salute Coach Ronnie W. Russell, first African American Head Coach at Person High School.



February 14th is when lovers express their affection with greetings and gifts. It has been suggested that the holiday has origins in the Roman festival of Lupercalia, held in mid-February. The festival, which celebrated the coming of spring, included fertility rites and the pairing off of women with men by lottery.

Today, Valentine's Day is celebrated with beautiful flowers, lovely cards, delicious chocolates, or even a delightful dinner... however you choose to celebrate have fun.



- ❖ **Feb 2nd** – Groundhog Day
- ❖ **Feb 10th**- Lunar New Year- this holiday begins with the first New Moon after Winter Solstice
- ❖ **Feb 11th**- Super bowl Sunday
- ❖ **Feb 13th**- Mardi Gras
- ❖ **Feb 14th**- Valentines Day/ Ash Wednesday, which marks the start of Lent
- ❖ **Feb 19th**- Presidents Day
- ❖ **Feb 29th**- LEAP DAY!

upcoming EVENTS



3D Mammograms



Person Family Medical Center partnered with Invision Diagnostics. The mobile unit is onsite to provide 3D mammograms to women in the community 35 and older. This is a preventive service that is covered by insurance. Therefore, there is no cost to the individual. The patient does not receive a bill. The next scheduled date is **February 13th**. **10am-4pm**. Contact (336) 599-9271 ext. 225 to schedule an



NATIONAL

HIV

Let's Join the Fight

Not a crime awareness
day. **FREE TESTING!**



Know Your Status

**Wednesday,
Feb 28th**

**AT PERSON FAMILY
MEDICAL CENTER
10:00AM-12:00PM**

COST IS FREE

*Help raise awareness about the importance of
HIV testing to fight the spread of HIV virus*

MORE INFORMATION, EMAIL HWCAARE@CAARE-INC.ORG
OR PLEASE CALL ADORA +919-597-1502

Meet the Easter Bunny

Join Us at

Person Family Medical Center, Inc.

Thursday March 28, 2024

3:30pm - 4:30pm




We want to thank Community Surplus
for allowing the Easter Bunny to Hop
over to

Person Family Medical Center, Inc.
March 28, 2024, from 3:30 to 4:30 p.m.
All Children ages 2 to 12 years old can
come get treats and take a picture with
the Easter Bunny.

Contact 336 599 9271 ext. 234 for more
information





**Person Family Medical &
Dental Center's Parking Lot**

Stew

"Made by Mr. Joe Pettiford"

Friday, March 1st

10:30am- Until Gone

**Accepting preorders, put
your order in**

Today!!!

702 N. Main St.

Roxboro, NC 27573

Stew \$10.00 per quart

Contact (336)-599-9271



Protect Your Vision & Health

Schedule a Diabetic Retinopathy Screening



4/3/2024

As a person with diabetes, you know how important it is to keep up with regular checkups and screenings. One screening that patients often miss is the annual diabetes eye exam.

This exam is different from a regular eye exam because it checks for diabetic retinopathy. This is a serious condition. If left untreated, it could lead to blindness.

Why is it important to get screened every year?

Diabetic retinopathy often shows no symptoms in its early stages. Regular screenings are important for early detection so you can act right away to prevent further damage and preserve your vision.

How can diabetes affect my vision?

Uncontrolled diabetes can cause blood vessels in the retina to leak fluid or bleed, leading to vision loss. If this condition is detected early, there are treatment options—like laser therapy or medicines—that can prevent or slow down the progression of this disease.

Duke Health is here to help!

The Duke Eye Center offers a Remote Diagnosis Screening van to make it easy for you to get your diabetes retinal eye exam. The mobile testing center will be in both urban and rural locations across the state, so you have a convenient, easy option for this important annual screening.

To see upcoming location dates or make an appointment, scan the QR code or visit DukeWELL.org/Duke-Eye-Van.



You can also call the DukeWELL team directly to schedule your appointment over the phone. Call 919-684-2016, Monday-Friday, 8AM-5PM.

Your annual diabetes eye exam is just one important part of managing your diabetes. If you need additional help, speak to your doctor. They can refer you to DukeWELL, a program that works with you between office visits, either on the phone or in person. DukeWELL can provide support services to help improve your chances of reaching your health goals





Person Family Medical Center staff congratulates one of our own. Natrika Williams married Carlton Bailey on January 26th, 2024. Natrika works as a CNA II, here in our clinic. Congratulations Natrika & Carlton. We wish you many years of happiness to the Bailey's!



Pushpinder Gill was born in India but is a native of Durham County in North Carolina. She is certified as a nurse practitioner in both psychiatry and family medicine. She completed her Master of Science in Nursing with a specialization in Family Medicine from UNC Chapel Hill and a postgraduate psychiatric certification from the University of New Hampshire. Ms. Gill has experience as a nurse practitioner in primary care, urgent care, addiction medicine, and psychiatric emergency medicine. During her experience, she has always been drawn to working in mental health and believes in empowering clients and providing holistic behavioral care that encompasses harmony within the body and mind. Ms. Gill will be working with the Behavioral Health team on Feb 16th.



Person Family Medical, Dental and Behavioral Center is seeking the best candidates for the following position(s).

- *Dentist- Caswell Location*
- *Family Practice Physician*
- *CNA/ CMA Medical*
- *Front desk floater*

PFMC is a Federal Qualified Health Center which has some great benefits, to include student loan payoffs, flexible work schedule, health insurance, paid time off, competitive salary, and more. We have an updated facility with new equipment. We have great working conditions and are team oriented. Do not miss out on this great opportunity.

Apply today by calling (336) 599-9271 or email your resumes to: koswald@pfmcinc.org

Person Family Medical Center, Inc.

We are Person County's Community Health Center. Your one stop location for quality medical, dental, and behavioral health care at an affordable rate. We serve all of Roxboro and the surrounding areas with two dental locations in the Roxboro and Yanceyville areas to better serve you.

Person Family Medical Center Inc. has been serving Person County since 1980.

Contact us to make an appointment.

Roxboro Locations:

702. N. Main St, Roxboro, NC 27573
27379

Phone: (336) 599-9271

Fax: (336) 599-0969

Yanceyville Dental Location:

1076 N.C. Highway 86N, Yanceyville, NC

Phone: (336) 694-5462

Fax: (336) 694-5403

Website <https://www.personfamilymedical.com>



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Facebook